



# Mental Health Partnership Board

## AGENDA

**Date:** Wednesday 16 May 2012

**Time:** 2.15 pm

**Venue:** Mezzanine Room 1, County Hall, Aylesbury

No	Item	Timing	Page
1	<b>Apologies for absence/changes in membership</b>		
2	<b>Minutes</b> The minutes of the meetings held on 18 January 2012 and 21 March 2012 to be agreed.		1 - 8
3	<b>Service User and Carer Involvement in the MHPB</b>		
4	<b>Date of the next meeting and future meetings</b> The next meeting is due to take place on Wednesday 25 July 2012 at 2.15pm in Mezzanine Room 1, County Hall, Aylesbury.  <b>Future meetings:</b>  Wednesday 19 September 2012 Wednesday 14 November 2012.		

If you would like to attend a meeting, but need extra help to do so, for example because of a disability, please contact us as early as possible, so

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that we can try to put the right support in place.

*For further information please contact: Liz Wheaton on 01296 383856  
Fax No 01296 382421, email: [ewheaton@buckscc.gov.uk](mailto:ewheaton@buckscc.gov.uk)*

## **Members**

Stephen Archibald, Carers Bucks

Mary Brazier, Oxford Health NHS Foundation Trust

April Brett, Public Health Principal, NHS Buckinghamshire and Oxfordshire Cluster

Sue Green, Hightown Praetorian & Churches Housing Association

Michele Harding, Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust

Pat Milner

Kurt Moxley, Senior Joint Commissioner - Mental Health, NHS Buckinghamshire and Oxfordshire Cluster and BCC (C)

Charlotte Proud, Richmond Fellowship

Kelly Taylor, Hightown Praetorian and Churches Housing Association



Partnership Board

# Mental Health Partnership Board

## Minutes

Wednesday 18 January 2012

Those in attendance:	
April Brett	Public Health Principal, NHS Buckinghamshire and Oxfordshire Cluster
Debi Game	Bucks ULO
Pat Milner	Adult Mental Health Resource and Commissioning Manager, BCC
Kurt Moxley	Senior Joint Commissioner - Mental Health, NHS Buckinghamshire and Oxfordshire Cluster and BCC
Kelly Taylor	Hightown Praetorian and Churches Housing Association
Ann Whiteley	Carers Bucks



No	Item
1	<p><b>Apologies for Absence/Changes in Membership</b></p> <p>Apologies were received from Tim Williams.</p> <p>Members discussed who should be attending the Partnership Board and it was noted that the membership should consist of no more than 15 people eight of which should be service users or carers. Two representatives of the PB should also sit on the Executive Partnership Board, one of whom should be a service user or carer. The other would be the Chairman of the Partnership Board.</p>

The Board agreed that whilst the membership may be limited to 15 people, other representatives could be invited from time to time to make an input.

Concern was expressed about the amount of work that could be undertaken by service users on behalf of the Partnership Board.

In this connection Debi Game and Ann Whiteley talked about the work of the ULO (User Led Organisation) in supporting and mentoring service users and carers. One of their priorities would be working with service users in general and particularly those who become members of Partnership Boards. Ann said they were meeting with Nadiya Ashraf to discuss how to take this work forward. Ann also said it was crucial that people knew the reasons why they were attending Partnership Boards, which was to represent the wider organisations and not their own concerns. Pat Milner said that in many cases, more could be achieved if service users could be part of sub-groups of Partnership Boards, working with people in a good environment. It was noted the Carers Partnership Board does have sub groups.

It was agreed that Kurt Moxley would put together a suggested membership for the Partnership Board and circulate it for comments.

**Action: Kurt Moxley**

All members agreed there needed to be a clear remit for the Partnership Board. Once the priorities had been identified and a work programme was in place this would give the Partnership Board a definite purpose.

**2 The National Strategy**

Kurt Moxley circulated a paper containing the objectives of the National Mental Health Strategy which had been put together using the National Strategy and the guidance document behind it.

The members agreed to look at the document and comment on whether each objective was relevant to the Partnership Board, what services they considered were already in place to cover that objective and what was already being done locally. This would then be used to put together a local Mental Health Plan. It was suggested that service mapping would also aid the work on this initiative.

It was agreed that Kurt Moxley would send out the paper to the wider membership, asking for the relevant information to be returned within a

specified deadline. This work would feed into the work plan for the Partnership Board, which would then identify the priorities.

**Action: Kurt Moxley**

### 3 **Five Ways to Wellbeing**

This item was taken in conjunction with the previous item.

April Brett gave a briefing on 'Five Ways to Wellbeing'.

One of the key objectives in the National Mental Health Strategy is about trying to improve the mental health of the general population, not just those with mental health problems. Five Ways to Wellbeing is a way of promoting positive mental health, to create a population shift towards more positive or 'flourishing' mental health. The Five Ways to Wellbeing are:

- **Connect**, with people around you, including family, friends and colleagues and neighbours. Building these connections will support and enrich you every day.
- **Be active**, by doing form of exercise such as walking or running, and by identifying a physical activity which a person enjoys and which suits their level of mobility and fitness
- **Take Notice**, be aware of your surroundings and what you are feeling in order to appreciate what matters to you.
- **Keep Learning**, try something new or rediscover an old interest. Set a challenge which you will enjoy achieving.
- **Give**, do something nice for a friend or stranger. Seeing yourself, and your happiness, linked to the wider community can be rewarding and creates connections with those around you.

April said that this campaign would be promoted to the general population and organisations through the Healthy Communities Partnership from the beginning of April. Supporting materials and a toolkit were also being produced. It was noted that District Councils have signed up to this campaign and there will be internal briefings in all organisations to make them aware. There is also a web page with links through the District Councils and links with Healthy Minds. Pat Milner asked that it be linked into the County Council website too.

Ann Whiteley asked how this would help carers who may have no choice about their situation. Dignity in Care was an important national issue but Buckinghamshire was making it local. There would be more information about this soon. Dignity in Action day was 1 February 2012. Kurt Moxley said that Chris Reid was leading on this.

<b>4</b>	<b>Date and Time of next and Future Meetings</b>
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All meetings start at 2.15pm until 4.30pm and will be held in Mezzanine Room 1, County Hall, Aylesbury:

14 March 2012 (*Addendum; subsequent to the meeting this date was changed to 21 March 2012*)

16 May 2012

25 July 2012

19 September 2012

14 November 2012

**Chairman**



Partnership Board

## Mental Health Partnership Board

# Minutes

Wednesday 21 March 2012

<b>Those in attendance:</b>	
Sue Green	Hightown Praetorian & Churches Housing Association
Kurt Moxley	Senior Joint Commissioner - Mental Health, NHS Buckinghamshire and Oxfordshire Cluster and BCC

No	Item
<b>1</b>	<p><b>Apologies for Absence/Changes in Membership</b></p> <p>Apologies were received from Mary Brazier, Tim Williams, Charlotte Proud, April Brett, Debi Game and Ann Whiteley.</p>
<b>2</b>	<p><b>Minutes</b></p> <p>Confirmation of the minutes of the last meeting was deferred until the next meeting.</p>
<b>3</b>	<p><b>Remit of the Mental Health Partnership Board</b></p> <p>The Chairman explained the remit of the Mental Health Partnership Board and the structure of the Partnership Boards and how they all report to the Executive Board (the Chairman of the Partnership Boards also sit on the Executive Board). The Partnership Boards are non-decision making but comprise of service users and carers who bring their experiences to the table for discussion. There are a number of Partnership Boards and they have all been asked to produce a work</p>

	<p>plan which outlines their priorities for the forthcoming year and to report on them to the Executive Board.</p> <p>The Chairman reported that he has met with Debi Game from the Service-User Carer Organisation who is responsible for service-user involvement. The meeting was very positive and Debi will be emailing potential members with a brief survey to complete to encourage people to put themselves forward for consideration to sit on the Partnership Board. The ideal would be to have 8 service users and 8 officers on the Board.</p> <p>Sue Green said that she may have some service users who might be interested in becoming involved in the work of the Partnership Board. She agreed to speak to Debi after the meeting to progress this further. Sue went on to say that she has taken over from Kelly Taylor.</p> <p style="text-align: right;"><b>Action: Sue Green</b></p> <p>During discussion, a number of people were mentioned as people who may be interested in becoming involved in the work of the Mental Health Partnership Board – Ojalae Jenkins, Joint Commissioning Manager at BCC, who has a particular expertise in the area of Dementia Services, Olga McBarnett, who has a wealth of experience in community development work, Dr Steve Murray, BCCP (Southern) and Director on the Clinical Commissioning Board and Dr Wilson from a practice based in Princes Risborough.</p> <p>It was agreed that the Chairman would discuss the names with Debi Game.</p> <p style="text-align: right;"><b>Action: Kurt Moxley</b></p>
<p><b>4</b></p>	<p><b>National Mental Health Strategy - Local Initiatives</b></p> <p>This item has been deferred to the next meeting so that further discussion can be had on this item.</p>
<p><b>5</b></p>	<p><b>Dates and Times of Meetings</b></p> <p>The next meeting is due to take place on Wednesday 16 May at 2.15pm in Mezzanine Room 1, County Hall, Aylesbury.</p> <p><b>Future dates in 2012</b></p>



	Wednesday 25 July Wednesday 19 September Wednesday 14 November
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**Chairman**

